

Trymatch BR Tablet

**Bromelain (90mg) + Trypsin (48mg) +
Rutoside (100mg) Tablet**

This combination of Bromelain, Trypsin, and Rutoside offers potent anti-inflammatory, proteolytic, and antioxidant properties. It is primarily used to manage inflammation, pain, and swelling associated with various conditions such as injuries, surgeries, and chronic inflammatory diseases.

Composition (per tablet):

- **Bromelain (90mg):** A proteolytic enzyme derived from pineapple that helps reduce inflammation, swelling, and pain.
- **Trypsin (48mg):** A proteolytic enzyme that enhances tissue repair and modulates the inflammatory response.
- **Rutoside (100mg):** A natural bioflavonoid with antioxidant properties that strengthens blood vessels and reduces capillary fragility.

Uses:

1. **Post-Surgical Recovery:**
 - Reduces swelling and inflammation after surgical procedures.
2. **Trauma or Injury:**
 - Eases pain and swelling due to muscle sprains, fractures, or other physical injuries.
3. **Osteoarthritis and Joint Pain:**
 - Reduces inflammation in conditions like arthritis, improving mobility and comfort.
4. **Chronic Inflammatory Diseases:**

- Helps manage inflammation associated with chronic conditions such as tendinitis or bursitis.

5. Venous Insufficiency:

- Reduces edema and supports blood vessel health.

Mechanism of Action:

- **Bromelain and Trypsin:** Work synergistically to break down proteins involved in the inflammatory process, reducing swelling and improving circulation.
- **Rutoside:** Acts as an antioxidant, reducing oxidative stress and protecting blood vessels from damage.

Dosage & Administration:

- **Adults:** 1 tablet 2-3 times daily, preferably after meals, or as directed by a healthcare provider.
- **Route of Administration:** Oral.
- **Duration:** Use as recommended by a healthcare professional.

Side Effects:

- **Common:**
 - Nausea, mild stomach discomfort, or diarrhea.
 - Headache or dizziness.
- **Rare (serious):**
 - Allergic reactions such as rash, itching, or difficulty breathing.
 - Increased risk of bleeding in individuals with clotting disorders.

Precautions:

- 1. Allergy Alert: Avoid use if you have an allergy to pineapple, papaya, or other plant enzymes.**
- 2. Bleeding Risk: Use cautiously in patients on blood thinners (e.g., aspirin, warfarin) or with bleeding disorders.**
- 3. Pregnancy and Lactation: Consult your doctor before use if you are pregnant or breastfeeding.**
- 4. Gastrointestinal Conditions: Avoid use in patients with peptic ulcers or gastritis.**

Drug Interactions:

- Anticoagulants/Antiplatelets: Increased risk of bleeding when combined with blood thinners.**
- Antibiotics: May enhance the absorption of certain antibiotics like amoxicillin.**

Storage:

- Store in a cool, dry place below 25°C.**
- Keep away from direct sunlight and moisture.**
- Keep out of reach of children.**

Note: This combination tablet is a supportive treatment for managing inflammation and related conditions. It is not a substitute for primary therapy.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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